

JOINERS GYM

The new fitness centre at Glen

Membership Application

Name(s) 1

2

Address

.....

.....

Tel Email

	Individual	Household
Local Membership	<input type="checkbox"/> £20 monthly	<input type="checkbox"/> £36 monthly
Resident Membership	<input type="checkbox"/> £17 monthly	<input type="checkbox"/> £30 monthly

By applying for membership and signing below you agree to the following terms:

1. Payment is monthly by direct debit. You will receive an email to set up payment.
2. Minimum contract is 3 months. You may cancel after the first month with no penalty.
3. A "Household" is any two people living at the same address.
4. Members and guest members must be at least 16 years old.
5. Guest members are £5.00 per use and must be accompanied by a member.
6. Rules of use are posted in the gym and must be followed at all times
7. Your health is your responsibility. You should not exercise beyond your ability. If you know or are concerned that you have a medical condition which might interfere with you exercising safely, before you use our equipment and facilities you should get advice from a relevant medical professional and follow that advice.
8. Use of personal trainer or physical therapist within the gym is permitted but must be arranged with the Estate in advance. Any trainer or therapist working in the gym must be qualified and have valid, appropriate insurance.
9. All members must have an induction session before beginning to use equipment.

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Your signature(s) Date

Please submit to: Joiners Gym, Glen House, Innerleithen, EH44 6PX or email gym@glenhouse.com